

East Indiana Area Health Education Center

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Quarterly E-newsletter - March 2020 - Issue 6

High School Student Health Careers Exploration Opportunities - Summer 2020

Many high school students use their summers to explore career options through camps and similar events. East Indiana AHEC Pipeline Programs Coordinator Jenny Koors compiled the following list of summer 2020 health careers exploration opportunities for high school students in the EI-AHEC region.

Hanover Health Science Summer Academy - June 7 -12

A week long residential experience at Hanover College where students explore various health care professions through health science activities led by Hanover professors and local health professionals. *East Indiana AHEC works with Hanover to offer a limited number of sponsored seats in this camp open to local students only. Please contact Jenny (jenny.koors@eiahec.org) if you know a student who would like to attend!* <https://explore.hanover.edu/register/Health20>

Purdue University C.A.M.P - July 20 -22

Clinical Applications for Future Medical Professionals - Available for rising Juniors and Seniors, this camp is a partnership between Purdue's College of Health and Human Sciences and Indiana University School of Medicine West Lafayette campus. In a day-camp format, students will explore health professions and participate in health science and medical school-oriented projects. <https://www.purdue.edu/hhs/CAMP/>

University of Indianapolis Summer Camps - various June/July dates

Explore several health care careers through MICI-AHEC at the University of Indianapolis. A series of multi-day camps allow students to explore and participate in career-specific activities. Check the MICI-AHEC website for more details! <https://www.uindy.edu/mici-ahec/mici-ahec-summer-camps>

Indiana State University Summer Honors Program - July 12 -18

Students can earn college credit through this summer program! They experience campus life at Indiana State while learning about academic paths at ISU. Health Career seminars offered as part of this program include Nursing and Social Work. <https://www.indstate.edu/academics/experience>

IU Family Medicine Clerkship 2019-2020 Wrap-Up



The IU School of Medicine Dept. of Family Medicine Partners with the Indiana AHEC Networks statewide to offer community-based family medicine 3rd year rotations in rural settings and urban underserved locations throughout Indiana. Each AHEC center identifies and supports family medicine physician preceptors who teach IU medical students in outpatient primary care settings. East Indiana AHEC coordinated 13 total 3rd year family medicine rotations at preceptor sites in Batesville, Brookville, Cambridge City, Greensburg, New Castle, Richmond, and Sunman during the 2019-2020 academic year.

Notably, nearly half of this year's students grew up in EI-AHEC communities and graduated from high schools in our region. We hosted IU medical students from Connersville, Columbus North, East Central, Greensburg, and North Decatur high schools in 2019-2020.

At right, an IU Medical student Angela Pikus poses with EI-AHEC Center Director Jeff Hartz as she completes orientation activities at Margaret Mary Health in Batesville as part of her Family Medicine Clerkship with Dr. Suzanne Martini in Sunman, IN.

Sexual Assault Nurse Examiner (SANE) Training Opportunity

August 26, September 2, 9, 16, 23, and 30 - IUPUC (Columbus)

The IUPUC Division of Health Sciences, with the support of several regional and statewide partners including East Indiana AHEC and the Indiana SANE Training project, is again offering a Sexual Assault Nurse Examiner 40-hour didactic training course in Columbus beginning in late August 2020. This course is approved by the International Association of Forensic Nurses as the didactic portion of SANE training. See links below to register and to apply for funding from the Indiana SANE Training Project to support attendance.



Register (\$385 through May 31, \$460 June 1 - Aug 12)

<http://bit.ly/32Wrgp4>

Apply for IN SANE Project funding to attend:

<http://bit.ly/3czXcEg>

For more info contact Karen East at IUPUC

kleast@iupuc.edu

Tri-State AHEC Scholars Experiential Activity

East Indiana AHEC collaborated with North Central AHEC in Kentucky and University of Cincinnati AHEC in Ohio around tobacco cessation and the vaping epidemic in the greater Cincinnati region. On February 22nd we kicked off our joint activity with an interprofessional speaker panel that included Megan Folkerth, MPH, Interact for Health, William Garrison, BS RRT-ACCS, St. Elizabeth Healthcare, Ashley I. Merianos, CHES, PhD, University of Cincinnati, and Martin Justice, LMHC, LCAC, Community Mental Health, Inc. Scholars gained a better understanding of the perspectives of different health professions around smoking / vaping / tobacco use. They will utilize this new knowledge along with the Stanford Tobacco Prevention Toolkit to offer tobacco use or vaping educational activities within their communities in the month of March. We will then reconvene in April along with Kentucky and Ohio AHEC Scholars to discuss the activities across the Tri-State region.



AHEC Scholars from Indiana, Kentucky, and Ohio



Professional speaker panelists - MPH, RRT, PhD, LCAC

Indiana AHEC Network Conference AHEC 20/20: Vision for the Future of Health

The Indiana AHEC 2020 Conference focuses on the health workforce in rural and medically underserved communities and also celebrates the inaugural class of AHEC Scholars Fellows as they showcase their community-based health improvement projects developed over the past two years. There will also be breakout sessions including two that feature East Indiana AHEC initiatives on Interprofessional Education (IPE) events for associate degree programs and implementing Mental Health First Aid with prelicensure nursing students.

To register click here: [Indiana AHEC Network Conference](#)

AHEC 2020: VISION FOR THE FUTURE OF HEALTH



INDIANA AHEC NETWORK STATEWIDE CONFERENCE

April 17, 2020

Registration Opens: 10am

Conference Time: 11am - 4pm

Valle Vista Conference Center
Greenwood, Indiana

Breakfast & Lunch Refreshments Provided

East Indiana AHEC Educator Spotlight

Karen Werskey, MSN, RN, CNOR

Director of IUPUC Simulation Center Faculty/Staff Education Coordinator, Clinical Assistant Professor



Karen has a deep history with East Indiana AHEC that goes back to June of 2008 when she became part of the Southeast Indiana Simulation Consortium (SEISIM) on a grassroots level. Here she helped plan the placement of sim labs in each of our partner sites along with serving on membership and simulation scenario review committees. At this time she was at Schneck Medical Center and helped build their simulation center from blueprint forward.

Karen is currently the director of the IUPUC simulation center. They are a sim center that is accredited by the Society for Simulation in Healthcare. At IUPUC she has the opportunity to work with faculty in development, implementation, and evaluation of simulations. Each didactic course that has a clinical component is required to have a simulation as well. She also manages the standardized patients that are utilized frequently on campus.

In addition to her role at IUPUC, Karen has worked since October 2018 at Columbus Regional Health as a prn RN Clinical Educator with a focus in simulation. She is working with other RN Clinical Educators on the following topics for 2020: post-partum hemorrhage, stroke assessment in the critical care setting, and malignant hyperthermia in the PACU.

When asked what she has enjoyed about her educator roles over the years, Karen responded, “I enjoy watching others learn and being immersed into the reality that simulation provides. I enjoy being challenged to brush up on my knowledge and skills in areas I do not actively practice in. I am passionate about evidence-based practice (ebp) and build simulations using ebp as my resource. I simply love to learn!” This is evident since she is currently working on completing her DNP in 2021 and then has a vision to really expand research in the area.

She also serves as a mentor to individuals new to simulation. Karen had the opportunity to work with Bridgette Cope from Schneck Medical Center and assist her as she onboarded to her new role. In addition, she leads an annual course at our IUPUC campus for those interested in learning to become a simulation facilitator. For more information on this course reach out to Karen (kwerskey@iupuc.edu)

Happy Birthday to Karen in April!



Recruiting 2020-2022 EI-AHEC Scholars

We are now accepting applications for the third cohort of the AHEC Scholars Community Healthcare Fellowship. This is open to applicants who will be in the final two years of an accredited health professions program. The fellowship begins in September 2020 and runs through May 2022. Learn more and apply online at <https://eiahec.org/health-professions-students/ahec-scholars/>.

For more information or questions about AHEC Scholars reach out to Becky Niese (becky.niese@eiahec.org),

Dearborn County C.A.R.E. Peer Recovery Coach Support

Over the past year, East Indiana AHEC has partnered with the Dearborn County Community Addiction Response Effort (C.A.R.E) as well as state-level organizations to support certification training and continuing education opportunities for Peer Recovery Coaches working in southeastern Indiana. At a recent Dearborn C.A.R.E. Lunch and Learn focused on recovery groups serving the region, several of the



coaches that we have helped towards certification and additional training spoke on behalf of the recovery groups they help organize and operate. As a bonus, one of our AHEC Scholars who attended the Lunch and Learn had some additional Q&A time with these certified peer recovery coaches to discuss how their role relates to her future role as a BSN nurse. The EI-AHEC team is always excited when a couple of our different programs or initiatives intersect and participants from both are able to connect and support each other's professional growth!

Do you have a student learning opportunity or staff development project in collaboration with East Indiana AHEC that you'd like us to highlight in a future newsletter? We'd love to hear from you!

Send article ideas or photos to info@eiahec.org!